



100
Hory v nás

JAMES
Slovenský horolezecký spolok
FOUNDED 1921



2024 IFSC EUROPE

European Youth Cup

SPEED / LEAD

IFSC EUROPE EVENT

ŽILINA
SLOVAKIA
19th-21st July - 2024

ORGANISED BY:



Slovak Mountaineering Union JAMES

&



LA SKALA

Event Organiser's Sponsors & Partners



ORGANISATION

Organisers are the Host federation Slovak Mountaineering Union JAMES and its member club LA SKALA.

Host Federation: SMU JAMES
Address of the Host Federation: Junácka 6, 832 80 Bratislava, Slovakia
Host Federation Website: www.james.sk
Mail contact: sekretar@james.sk

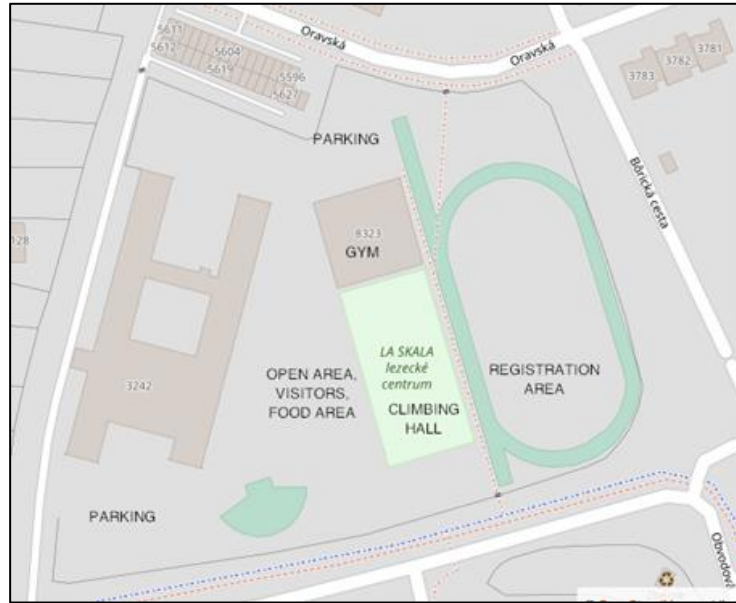
Organiser: LA SKALA
Address of the Organiser: Centrálna 8919/2, 010 07 Žilina, Slovakia
Organiser Website: www.laskala.sk
Organiser Mail: info@laskala.sk

COMPETITION VENUE

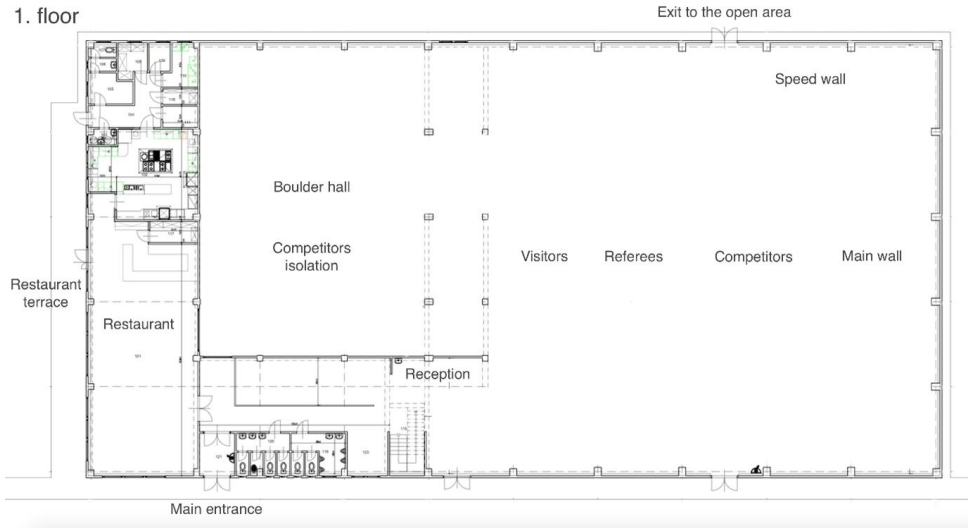
Event Venue: LA SKALA climbing center
Address of the Event Venue: Centrálna 8919/2, 010 07 Žilina, Slovakia
Google Maps: <https://maps.app.goo.gl/GtFDfrixA7Z2YxAAA>



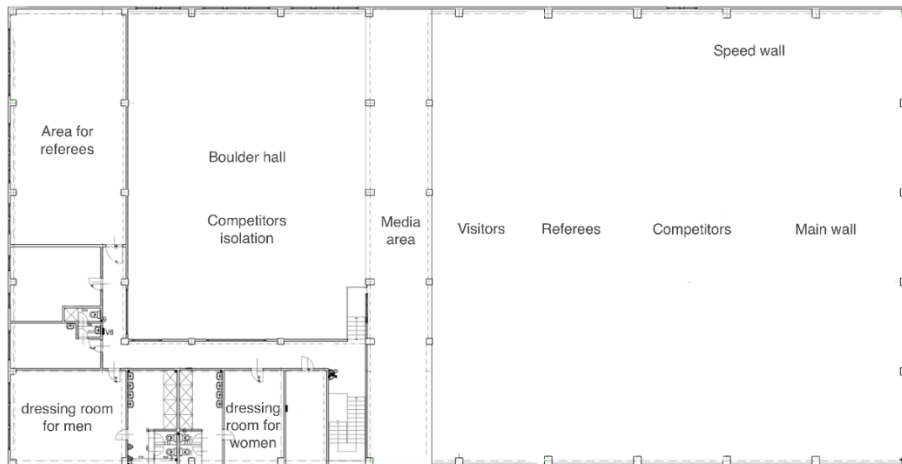
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1. floor



2. floor



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IFSC OFFICIALS

- **Jury President:** Artur Polanski (POL)
- **IFSC Judge:** Heike Killisch (ESP)
- **Event Manager:** Vladimír Mihál (SVK)
- **IFSC Chief Routesetter:** Lamberechts Lowie (SUI)
- **IFSC Routesetter:** Gabarre Flor Maragda (POR)
- **National Routesetters Team:** Jakub Švub (SVK), Dávid Závacký (SVK), Denis Pail (CZE)
- **Technical Support contact:** Juraj Kvasnica (SVK)
- **VISA & COVID Manager:** Marián Baran (SVK)
- **LA SKALA climbing center & organizing club:** Dalibor Joško (SVK), Zuzana Bernaťáková (SVK)
- **Media:** Radim Kovařík (SVK)

REGISTRATION

Licenses:

Only competitors and team officials with a valid IFSC international license are allowed to register for the competition.

- **IFSC Online Registration System:** <https://ifsc.results.info/users/login>

Deadline:

The deadline for registration is 10 days before the 1st day of event at **11:59 PM GMT +0: July 9th, 2024.**

Quota:

Registration of Team Officials: Member Federations may register, within statutory deadlines, Team Officials for one of the following roles:

- (a) One (1) Team Manager
- (b) Number of coaches per discipline:
 - (ii) EYC Lead: 3 Coaches
 - (iii) EYC Speed: 2 Coaches
- (c) Up to three (3) qualified medical or para-medical personnel.

Registration of Competitors: Member Federations may register as competitors:

- (a) Per Category
 - (i) U16 and U18

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(i) up to three (3) competitors for each Category in each relevant discipline

(ii) up to two (2) competitors for each Category in each relevant discipline for the top ten ranked federations (ranking calculation like it is set out in IFSC-Europe Rules Art. 2.3)

(ii) U20

(i) up to two (2) competitors for each Category in each relevant discipline

(ii) up to two (2) competitors for each Category in each relevant discipline for the top ten ranked federations (ranking calculation like it is set out in IFSC-E rules Art. 2.3)

(b) the host federation shall be entitled to register an additional two (2) competitors in each Category for each relevant discipline.

(c) up to two (2) competitors for each Category and gender in each relevant discipline for the African council

Competition Format: according to the current [IFSC Europe Rules](#)

Registration Fees:

30 € for each competitor. The Registration fee will be invoiced by the IFSC Europe to the National Federations. No cash-payments will be accepted on site.

It is necessary for all team managers to show the passports or ID-cards (or copies) of their competitors for on-site registration on Thursday 18th July 2024.

Confirmation of attendance for delayed arrival:

In case a team is not able to make the registration in time due to flight delays or other unpredictable reasons, please contact the Jury President as soon as possible:

Artur Polanski (POL) / e-mail: artur.polanski@isoap.eu / Phone: +48 602 66 60 40

Anti-Doping regulations:

By participating, the athlete agrees to comply with the currently valid anti-doping rules and regulations of WADA, IFSC and IFSC-Europe (statutes, competition rules, anti-doping regulations). All persons who are licensees of the IFSC or IFSC-Europe are considered as athletes and team officials.

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TRAVEL DETAILS

Visa:

If you need VISA invitation, please contact sekretar@james.sk before 19th June 2024. Please, don't forget to attach a copy of your passport.

How to get there:

By plane

Direct plane flights to Žilina operate locally only, therefore we recommend using international airports, the closest international airports are: Bratislava (SVK), Kosice (SVK), Wien (AUT), Budapest (HUN), Prague (CZE), Krakow (POL).

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By train

The main railway station in Žilina is one of the most important railway stations in Slovakia. There are direct trains from several European cities, including Bratislava (SVK), Vienna (AUT) or Prague (CZE). There is also a possibility to arrive from Budapest (HUN) and change trains in Bratislava or Vienna. You can find your train options at the national railway's website: <https://www.zsr.sk/en/>

By car

Žilina is located right on the main highway D1 (E58) and is easily accessed by car. It takes about 2 hours from Bratislava, 3 hours from Vienna, 3 hours from Košice, 3 hours from Krakow, 4 hours from Budapest, 4,5 hours from Prague.

ACCOMMODATION

BOUTIQUE HOTEL DUBNÁ SKALA****

The hotel is located in the historic center of Žilina and provides exclusive spaces with a unique design. Hotel guests have the opportunity to use the services of the hotel's Relax Center free of charge, which include a jacuzzi, a Finnish sauna, a hydromassage shower and a stationary bicycle. In addition to the comfortable equipment of the center, you can also enjoy massages or exclusive cosmetic procedures of the Sothys Paris brand.

Accommodation offers for EYC Zilina participants 20% discount on the price of accommodation. When [booking](#), use the [Enter code](#) LASKALA to guarantee this discount. The use of the code is valid for accommodation from 17.07.2024 to 23.07.2024.

Hotel Galileo

Located within the walking distance of the venue (18 min.). A bike sharing stand is only a couple of minutes from the hotel.

Accommodation offers for EYC Zilina participants:

- one person per night (included: breakfast 7€ and city tax 2€) – price after discount 58€
- two persons per night (included: breakfast 14€ and city tax 4€) – price after discount 70€

Penzión Kamélia

Located within the walking distance of the venue (15 min.). Accommodation offers for EYC Zilina participants (breakfast included in the price, city tax 2€/night excluded):

Single room 59€/night | Double room 79€/night | Apartment 89€/night | Apartment Whirlpool 99€/night

Extra bed 30€/night

There are also several smaller capacity Airbnb renting spots located near the event venue and several more within the town of Žilina, where many locations are reachable within a walking distance and public transport is relatively easily accessible. Booking.com also hosts several suitable locations.

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HEALTHCARE SYSTEM INFORMATION

Emergency local doctor during the event:

Emergency local doctor will be in the Venue during the entire competition.

Local healthcare system links and other useful info:

To access healthcare services, foreign athletes should obtain a European Health Insurance Card (EHIC) or equivalent documentation from their home country. This will ensure that they are covered for any necessary medical treatment during their stay. For more information on the Slovak healthcare system, please follow [this link](#).

Emergency medical service:

Faculty Hospital Žilina (7 min. from the venue by car)

Address: Vojtecha Spanyola 43, 01207 Žilina

Phone contact: +421 51 10 348, +421 72 33 383

Website: www.fnspsz.sk

SUSTAINABILITY CONSIDERATIONS

No temporary infrastructure needs to be built to host the EYC Žilina 2024. Only existing walls and buildings will be used to facilitate the event. In general, SHS JAMES and LA SKALA Žilina takes sustainability actions very seriously and tries to implement a “green way of thinking” in all areas of their everyday business and also into the organisation of events.

At the venue:

Recycling spots are in several places of the venue. We will be pleased if participants and teams join the sustainability cause by bringing their own bottles and other equipment that can help reduce waste produced at the venue. The venue is wheel-chair accessible.

Food:

There is a restaurant right at the venue (RESTAURANT SKALA), which also provides vegetarian options for food. There are several other restaurants (Pizzeria Mánia, etc.) and grocery shops around. The Kraj grocery store, less than a 5-minute walk away from the venue, also offers a variety of local and regional Slovak foods.

Transport:

Public transport in Žilina

The event venue LA SKALA is accessible from bus stop **Rudnayova** (trolleybus 3) and **Pod hájom** (buses 50 and 67, trolleybuses 1, 7, 14), you can look up your connection through [THIS LINK](#). Tickets can be bought in paper or paper or short message service (SMS) form, more information on ticket through [THIS LINK](#).

Bike sharing

Bike sharing services in Žilina are available through the [BikeKIA](#) app, which provides information on renting locations, fees etc.

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PROVISIONAL PROGRAMME (LOCAL TIME)

Friday 19th July	EYC LEAD and SPEED Registration (LA SKALA – Event Venue)
11:00-12:30	Registration SPEED for all categories
11:00-21:00	Registration LEAD for all categories
13:00	Technical Meeting LEAD and SPEED
Friday 19th July	EYC SPEED (LA SKALA – Event Venue)
14:00	Speed Warm-up zone open
15:00	Speed Practice Youth B (U16), Youth A (U18) and Juniors (U20)
17:00	Speed Qualification Youth B (U16) Female then Male
17:30	Speed Qualification Youth A (U18) Female then Male
18:30	Speed Qualification Juniors (U20) Female then Male
19:30	Speed Finals Youth B (U16), Youth A (U18) and Juniors (U20)
Afterwards	Speed Awards ceremony
Saturday 20th July	EYC LEAD QUALIFICATION for all categories (LA SKALA – Event Venue)
07:00	Climbing gym opens
08:30	Lead Qualification for Youth B (U16) Female and Male (simultaneously)
13:00	Lead Qualification for Youth A (U18) Female and Male (simultaneously)
17:00	Lead Qualification for Juniors (U20) Female and Male (simultaneously)
Sunday 21st July	EYC LEAD FINALS for all categories (LA SKALA – Event Venue)
7:00	Lead Isolation OPEN for Finals
8:30	Lead Isolation CLOSES for Finals
9:00	Lead Presentation and Observation for Final Youth B (U16) Female and Male
9:15	Lead Finals for Youth B (U16) Female and Male (simultaneously)
10:45	Lead Presentation and Observation for Final Youth A (U18) Female and Male
11:00	Lead Final for Youth A (U18) Female and Male (simultaneously)
12:30	Lead Presentation and Observation for Final Juniors (U20) Female and Male
12:45	Lead Final for Juniors (U20) Female and Male (simultaneously)
Afterwards	Lead Awards ceremony

Note: This timetable is only provisional and subject to change any time by the organisers. Final timings will be confirmed at the technical meeting.

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